

# Gluten Free Menu

## Starters

### **Fishcakes**

Home made salmon and cod fishcakes with dressed leaves and a sweet chilli dip or lemon mayonnaise £6.75

### **Vegetarian Bruschetta**

with red onion, sundried tomato, basil & Mozzarella and salad £6.55

### **Salmon and Prawn Cocktail**

Smoked salmon and prawn cocktail, with Marie rose sauce, bread & lemon £7.25

### **Liver Pate**

Smooth liver pate with toast, fruit chutney and dressed leaves £6.50

### **Baked Camembert**

Baked camembert with fruit chutney and warm bread £5.75

### **Soup**

Home made soup with bread and butter £4.75

Garlic ciabatta £3.25  
with cheese £4.25

## Main Courses

**Please note that our chips are not gluten free.  
The gluten free potato options are, mash potatoes, new potatoes or herb roasted potatoes**

### **Rump Steak**

Rump Steak (10 oz uncooked weight) cooked to your liking, with grilled Tomato, Mushrooms, your choice of potato & Seasonal Vegetables £15.75  
Additional sauces; £2.00 Chasseur or cider & Stilton

### **Slow cooked Beef**

Slow cooked beef steak in a red wine and mushroom sauce, served with mash potato and fresh vegetables £11.95

### **Lamb Chops**

Lamb chops in a honey and mint gravy, served on a bed of mash potato with vegetables £8.95

### **Poached Salmon**

Poached salmon with a tarragon cream, served with new potatoes and vegetables £12.75 s/a 9.25

### **Loin of Pork**

*Loin of pork served with a creamy stilton and cider sauce served on a bed of mash potato with fresh vegetables £11.75 s/a 7.95*

### **Minted Lamb Steak**

*Braised minted lamb steak with a honey and mint gravy served on a bed of mash potato with fresh vegetables £13.95*

### **Baked Cod**

*Oven baked cod served on a tomato and basil sauce, with buttered spinach, served with new potatoes and fresh vegetables £11.95 s/a £7.95*

### **Creamy Garlic Chicken**

*Pan fried chicken breast in creamy garlic and mushroom sauce, served with herb roasted potatoes and fresh vegetables £11.75 s/a £7.95*

### **Vegetarian**

#### **Hazelnut & Cranberry Nut Roast**

*Served with a red grape, cider and plum sauce, fresh vegetables & herb roasted new potatoes £11.50 s/a £7.95*

#### **Stuffed Pepper**

*Roasted red peppers filled with cumin rice, sundried tomatoes, chick peas & kidney beans, served with herb roasted potatoes & a side salad £11.95*

### **Desserts £5.75**

#### **Vanilla Crème Brulee**

*Served with cream or ice cream £5.50*

#### **Treacle Sponge Pudding**

*served with cream, ice cream or custard*

#### **Vanilla Meringue**

*Served with fresh cream & strawberries*

#### **Caribbean Meringue**

*Coffee meringue served with fresh cream, bananas & butterscotch sauce*

#### **Double Chocolate Pudding**

*Served hot with cream, ice cream, or custard*

#### **Profiteroles**

*Home made profiteroles with fresh cream and chocolate sauce*

#### **Cheese and biscuits**

*with fruit chutney, celery and apple £7.50*