

# Gluten Free Menu

## Starters

### **Prawn Cocktail**

*With a Marie rose sauce, gluten free bread, lemon wedge & dressed leaves*

**£ 7.50**

### **Chilli, Potato and Lentil Cakes**

*Served with a bed of salad & a paprika mayonnaise dip*

**£6.25**

### **Camembert**

*Baked Camembert studded with Garlic & Thyme, served with gluten free warm ciabatta & homemade fruit chutney*

**£6.95**

### **Smooth Liver Pate**

*Liver Pate with gluten free warm ciabatta & homemade fruit chutney*

**£6.95**

### **Bruschetta**

*Warm garlic ciabatta, topped with fresh tomato & basil, sundried tomato, onion and mozzarella & balsamic glaze*

**£6.95**

### **Garlic Ciabatta £3.50**

**With Cheese £4.50**

## Main Courses

***Please note that our chips are not gluten free. The gluten free potato options are, mash potatoes, new potatoes or herb roasted potatoes***

### **Slow Cooked Beef - £13.70**

*Slow cooked beef steak in a red wine and mushroom sauce, served with mash potato and fresh vegetables*

### **Lamb Chops - £9.50**

*Lamb chops in a honey and mint gravy, served on a bed of mash potato with vegetables*

### **Minted Lamb Steak - £14.95**

*Braised minted lamb steak with a honey and mint gravy served on a bed of mash potato with fresh vegetables*

### **Fillet Steak (8oz\*) £19.95**

*Pan Fried Fillet steak served with grilled tomato, mushrooms, herb roasted potatoes and a side salad. Add either Stilton or Peppercorn sauce £2.95*

### **Creamy Garlic Chicken - £13.75 s/a £8.50**

*Pan fried chicken breast in creamy garlic and mushroom sauce, served with herb roasted potatoes and fresh vegetables*

### **Cajun Chicken - £13.75**

*Chargrilled Cajun spiced Chicken breast served with grilled Tomato & sauté Mushrooms with herb roasted potatoes or new potatoes & a side salad*

### **Cajun Chicken Burger £12.75 s/a £8.50**

*Cajun chicken breast, lettuce and mayonnaise in a gluten free toasted ciabatta, herb roasted new potatoes & a side salad*

### **Ham & Eggs - £9.95 s/a £6.95**

*Succulent hand carved ham served with herb roasted potatoes or new potatoes & a side salad*

### **Gluten Free Beef Burger £12.75 (8oz) £8.50 (4oz)**

*Served in a gluten free toasted ciabatta with cheese, bacon and onions, served with herb roasted potatoes & a side salad*

### Vegetarian/Vegan options

**Field Mushroom and Chick Pea Spicy Chilli Burger - £12.95 s/a £8.50 - Vegan**  
Served in a bun with fried onions, burger relish and vegan cheese with herb roasted new potatoes and a side salad

**Stuffed Pepper £12.95 s/a £7.95 – (Vegan Option Available)**  
Roasted red peppers filled with cumin rice, sun-blushed tomatoes, chick peas and kidney beans, served with herb roasted new potatoes and a side salad

**Mushroom and Walnut Nut Roast £12.95 s/a £8.25 – (Vegan Option Available)**  
Served with a creamy garlic and mushroom sauce, fresh mixed vegetables and herb roasted new potatoes

**Baked Cod £12.75 s/a £8.50**  
Baked fillet of cod with a lemon & herb butter, served with roasted cherry tomatoes, buttered new potatoes & seasonal vegetables

**Savoury Stilton Pancakes £12.95 s/a £8.95**  
Spinach, Stilton, Celery & Apple wrapped in a fresh Pancake & Served with Chips & a Fresh Side Salad

### Salad's

**Chicken & Bacon Salad £12.75 s/a £8.95**  
Strips of chicken and bacon in a honey and coarse grain mustard dressing with a mixed salad

**Prawn Salad £12.95 s/a £9.25**  
With a Marie Rose sauce and lemon dressed leaves

### Desserts £6.25

**Treacle Sponge Pudding**  
served with a choice of cream, ice cream or custard

**Double Chocolate Sponge Pudding**  
Served with a choice of cream, ice cream or custard

**Profiteroles**  
Served with fresh cream and chocolate sauce

**Vegan Chocolate Sponge**  
With a chocolate syrup, served with a choice of soya custard or soya cream

**Caribbean Meringue**  
Coffee meringue served with fresh cream, bananas & butterscotch sauce

**Ginger Meringue**  
Served with fresh cream and poached apricots and an orange, white wine and honey coulis

**Vanilla Meringue**  
Served with fresh cream, strawberries and a summer fruit coulis

**Vegan Ginger Sponge**  
Topped with a ginger Syrup, with a choice soya custard or soya cream