

# Dairy Free Menu

## Starters

### **Prawn Cocktail (GF option available)**

With a Marie rose sauce, Malted Brown Bread, lemon wedge & dressed leaves  
**£ 8.25**

### **Chilli, Potato and Lentil Cakes (GF option available)**

Served on a bed of salad & a paprika mayonnaise dip **£7.75**

### **Tempura King Prawns**

Served with Sweet Chilli Sauce & Lemon  
**£7.95**

### **Whitebait**

Deep Fried Whitebait served with Tartare Sauce, Lemon Wedge and Malted Brown Bread **£8.25**

### **Bruschetta (GF option available)**

Warm garlic ciabatta, topped with fresh tomato & basil, sundried tomato, onion and vegan Cheese & balsamic glaze **£7.75**

**Vegan Garlic Ciabatta £3.75**  
**With Vegan Cheese £4.75**

## Main Courses

### **Slow Cooked Beef - £15.95 (GF option available)**

Slow cooked beef steak in a red wine and mushroom sauce, served with a choice of new potatoes, herb roasted potatoes or chips and fresh vegetables

### **Lamb Chops - £12.95 (GF option available)**

Lamb chops in a honey and mint gravy, served with a choice of new potatoes, herb roasted potatoes or chips and fresh vegetables

### **Minted Lamb Steak - £17.25 (GF option available)**

Braised minted lamb steak with a honey and mint gravy served with a choice of new potatoes, herb roasted potatoes or chips and fresh vegetables

### **Beer Battered Cod £16.95 s/a £10.95**

Our own crispy Beer Battered Cod Fillet served with Chips, Tartare Sauce with a choice of Garden Peas, Mushy Peas or Fresh Vegetables

### **Fillet Steak (8oz\*) £26.00 (GF option available)**

Pan Fried Fillet steak served with grilled tomato, mushrooms, chips and a side salad.

### **Creamy Garlic Chicken - £15.75 s/a £9.95 (GF option available)**

Pan fried chicken breast in creamy vegan garlic and mushroom sauce, served with herb roasted potatoes and fresh vegetables

### **Cajun Chicken - £15.95 s/a £10.25 (GF option available)**

Chargrilled Cajun spiced Chicken breast served with grilled Tomato & sauté Mushrooms with Chips & a side salad

### **Cajun Chicken Burger £15.50 s/a £9.95 (GF option available)**

Cajun chicken breast, lettuce and mayonnaise in a bun, with Chips & Salad

### **Ham, Eggs & Chips - £12.30 s/a £9.50 (GF option available)**

Succulent hand carved ham served with Chips & a side salad

### **Classic Beef Burger £15.50 (8oz) £9.95 (4oz) (GF option available)**

Served in a gluten free toasted ciabatta with vegan cheese, bacon and onions in a bun, served with Chips & a side salad

### **Baked Cod s/a £10.95 (GF option available)**

Baked Fillet of Cod with a vegan Lemon & Herb Butter, Served with Roasted Cherry Tomatoes, New Potatoes and Fresh Vegetables

## Vegetarian/Vegan options

### **Field Mushroom and Chick Pea Spicy Chilli Burger - £14.95 s/a £9.95 – (Vegan & GF Option available)**

Served in a bun with fried onions, burger relish and vegan cheese with herb roasted new potatoes and a side salad

### **Stuffed Pepper £14.95 s/a £9.95 – (Vegan & GF Option Available)**

Roasted red peppers filled with cumin rice, sun-blushed tomatoes, chick peas and kidney beans, served with chips and a side salad

### **Cranberry, Apricot, Chickpea & Mixed Seed Roast £14.95 s/a £10.25 – (Vegan & GF Option Available)**

Served with a red wine & cranberry sauce, fresh mixed vegetables and herb roasted new potatoes

## Salads

### **Chicken & Bacon Salad £14.95 s/a £10.25 (GF Option Available)**

Strips of chicken and bacon in a honey and coarse grain mustard dressing with a mixed salad

### **Prawn Salad £14.95 s/a £10.25 (GF Option Available)**

With a Marie Rose sauce and lemon dressed leaves

## Desserts

### **Treacle Sponge Pudding (GF Option Available)**

served with a choice of soya cream, vegan ice cream or soya custard

**£7.25**

### **Double Chocolate Pudding (GF Option Available)**

Served with a choice of soya cream, vegan ice cream or soya custard

**£7.25**

### **Apple & Fruits of the Forest Crumble (GF Option NOT Available)**

Served with a choice of soya cream, vegan ice cream or soya custard

**£7.50**

### **Vegan Chocolate Sponge (GF Option Available)**

With a Chocolate Syrup, served with a choice of soya custard, soya cream, or vegan ice cream

**£7.25**

### **Vegan Ginger Sponge (GF Option Available)**

Topped with a ginger syrup, with a choice of soya cream, soya custard or Vegan Ice Cream

**£7.25**